## 2023 - 2024 SCHOOL BREAKFAST & LUNCH MENU (M)



## **WEEK A**

NONDAY

Pop-Tart & Applesauce

Chicken/Chik'n Tenders (v)
Cheese Stick(v)
Mashed Potatoes
Honey Carrots
Dinner Roll
Apples

ESDAY

Cereal Bowl & Fruit Cup

Beef Hamburger/Veg. Burger(v) on Bun Cheese Stick(v) Honey Baked Beans Ranch Baby Carrots Craisins

NESDA

Cinnamon Roll & Fresh Apple

Meatloaf/Meatballs(v) Cheese Stick(v) Mashed Potatoes Green Peas Dinner Roll Fruit Cup

RSDAY

Honey Bun/Donut & Banana

Chicken Patty/Veg. Patty on Bun Cheese Stick(v) Broccoli Fresh Pear

RIDAY

Cereal Bar & Craisins

Pizza/Pizza Sticks(v)
Baby Carrots w/ Ranch Dip
Fruit Cup

## WEEK B

Pop-Tart & Applesauce

Herb Ranch Chicken Cheese Stick(v) Sweet Potato Mash Green Beans Dinner Roll Craisins

TUESDAY

Cereal Bowl & Fruit Cup

Turkey Sloppy Joes on Bun Cheese Stick(v) Broccoli Honey Carrots Apples

WEDNESDAY

Cinnamon Roll & Fresh Apple

Beef Hot Dog/Veg. Hot Dog(v) on Bun Cheese Stick(v) Honey Baked Beans Zesty Corn Fruit Cup

HURSDAY

Honey Bun/Donut & Banana

Crispy Chicken/Chik'n(v) Salad Cheese Stick(v) Pita Bread Fresh Pear

PIDAY

Cereal Bar & Craisins

Pizza/Pizza Sticks(v)
Baby Carrots w/ Ranch Dip
Fruit Cup

## WEEK C

MONDAY

Pop-Tart & Applesauce

Shepherd's Pie Cheese Stick(v) Spinach Dinner Roll Fruit Cup

Cereal Bowl & Fruit Cup

BBQ Chicken/BBQ Tofu(v)
Cheese Stick(v)
Baked Beans
Broccoli
Dinner Roll
Apples

WEDNESDAY

Cinnamon Roll & Fresh Apple

Mac & Cheese(v) Green Beans Fruit Cup

HURSDA)

Honey Bun/Donut & Banana

Turkey Sandwich
Baby Carrots w/ Ranch Dip
Cheese Stick(v)
Chips/Crackers
Fresh Pear

FRIDAY

Cereal Bar & Craisins

Pizza/Pizza Sticks(v)
Baby Carrots w/ Ranch Dip
Fruit Cup